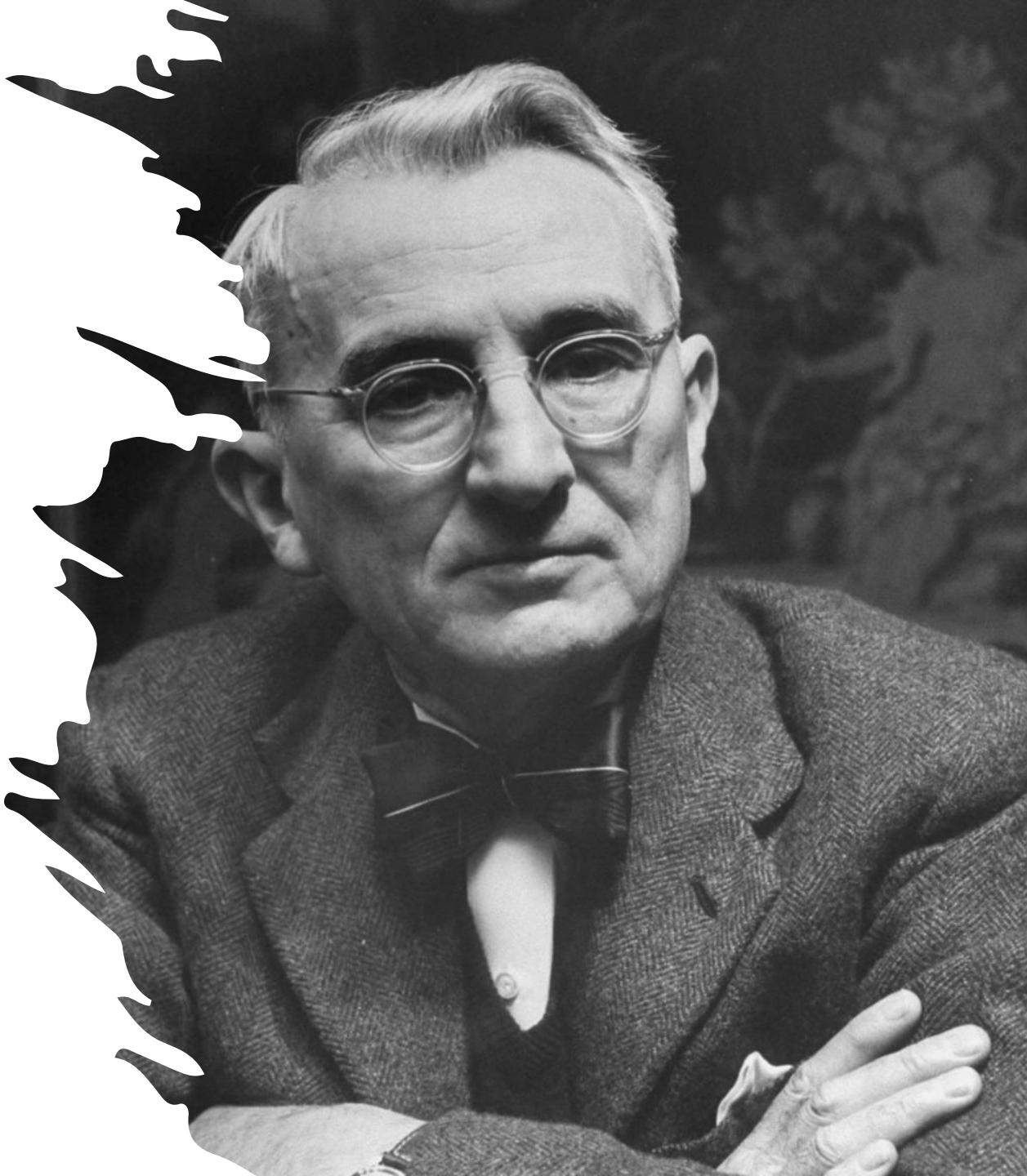


Дейл Карнегі



Принципи ефективного спілкування

<https://www.google.com/url?sa=i&url=https%3A%2F%2Fwww.linkedin.com%2Fpulse%2Fmastering-art-communication-key-success-school-life-anil-kumar-w2szf&psig=AOvVaw3egJrIquMA1CJPY5y4vTz0&ust=1732961836005000&source=images&cd=vfe&opi=89978449&ved=0CBQQjRxqFwoTCLiSjYeogYoDFQAAAAAdAAAAABAY>



1. Не критикуйте, не осуждайте, не скаржитесь



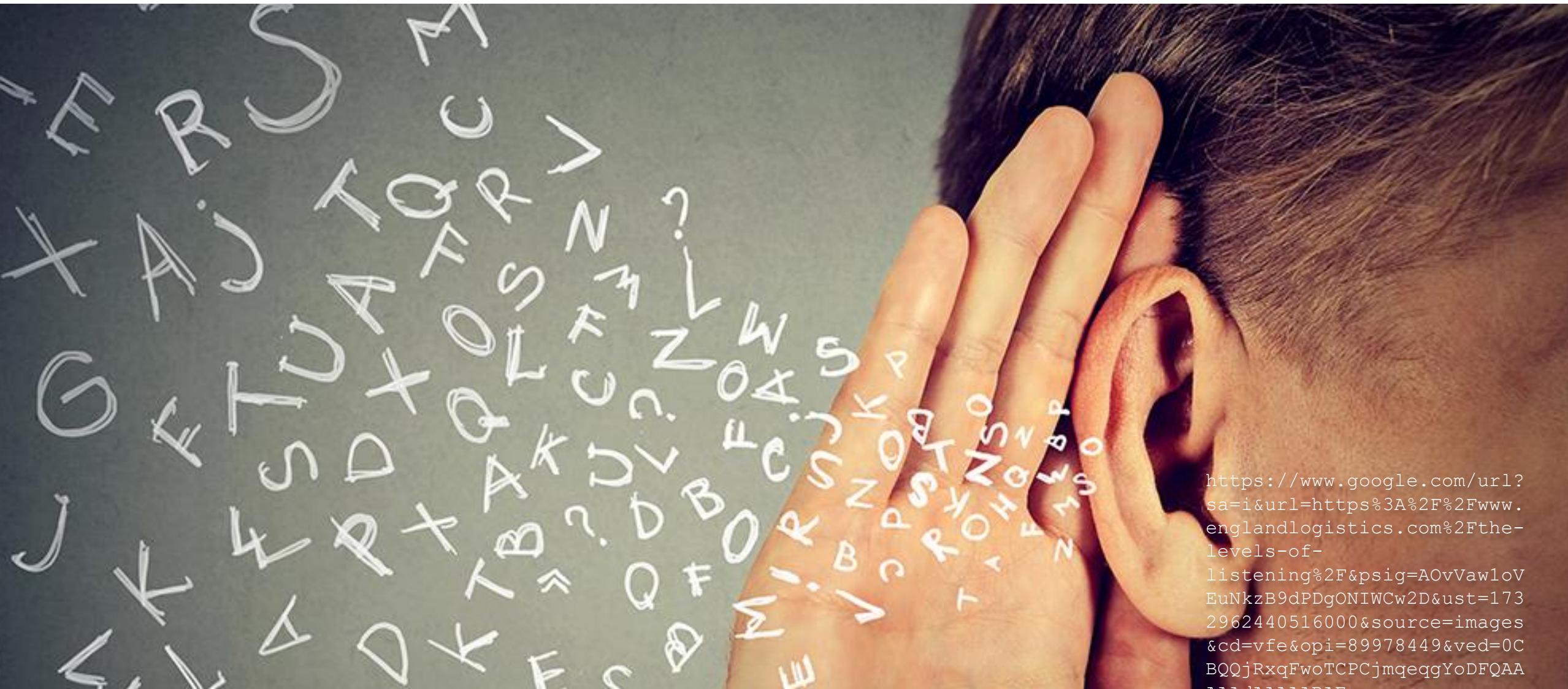
<https://www.google.com/url?sa=i&url=https%3A%2F%2Fwww.linkedin.com%2Fpulse%2Fmastering-art-communication-key-success-school-life-anil-kumar-w2szf&psig=AOvVaw3egJrIquMA1CJPY5y4vTz0&ust=1732961836005000&source=images&cd=vfe&opi=89978449&ved=0CBQQjRxqFwoTCLiSjYeogYoDFQAAAAdAAAAABAY>

2. Хваліть щиро і регулярно.

<https://www.google.com/url?sa=i&url=https%3A%2F%2Fwww.work.ua%2Fru%2Farticles%2Fwork-in-team%2F1540%2F&psig=AOvVaw0JHFyW9FWFoFO8UU9CG7QX&ust=1732962770019000&source=images&cd=vfe&opi=89978449&ved=0CBQQjRxqFwoTCJj0isSrgYoDFQAAAAAdAAAAABAE>



3. Слухайте активно.



<https://www.google.com/url?sa=i&url=https%3A%2F%2Fwww.englandlogistics.com%2Fthe-levels-of-listening%2F&psig=AOvVaw1oVEuNkzB9dPDgONIWCw2D&ust=1732962440516000&source=images&cd=vfe&opi=89978449&ved=0CBQQjRxqFwoTCPCjmqeinqYodFQAA>

4. Запам'ятуйте імена.

<https://www.google.com/url?sa=i&url=https%3A%2F%2Fvitis.sk%2FIM-wordcloud12-Destaque-png%2F9220414.htm&psig=AOvVaw3XBhZce7SJYJu4NnAw5xut&ust=1732962381122000&source=images&cd=vfe&opi=89978449&ved=0CBQQjRxqFwoTCPDRr42qgYoDFQAAAAAdAAAAAB>
A1



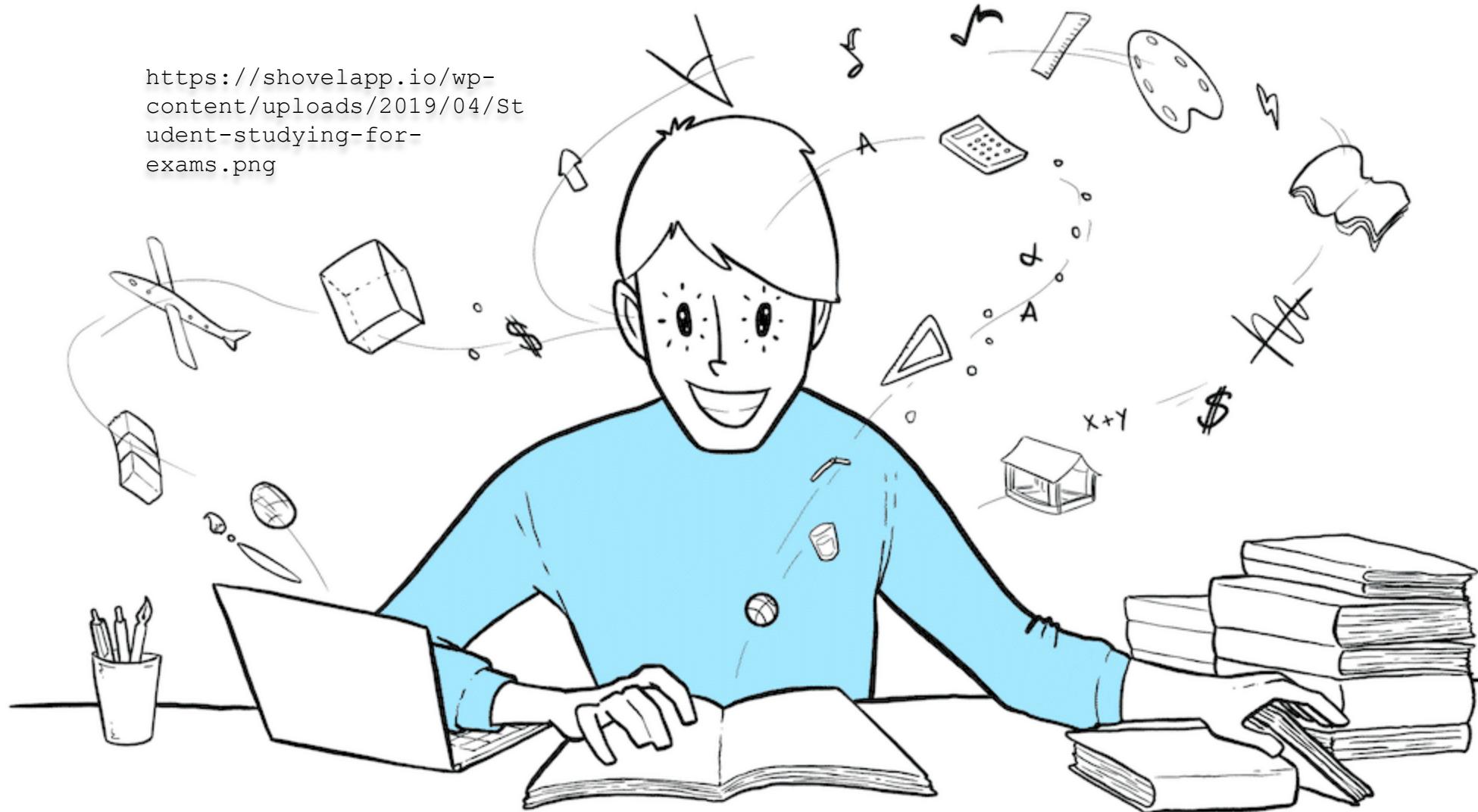
Принципи успішного публічного виступу

<https://www.google.com/url?sa=i&url=https%3A%2F%2Fwww.linkedin.com%2Fpulse%2Fmastering-art-communication-key-success-school-life-anil-kumar-w2szf&psig=AOvVaw3egJrIquMALCJPY5y4vTz0&ust=1732961836005000&source=images&cd=vfe&opi=89978449&ved=0CBQQjRxqFwoTCLiSjYeogYoDFQAAAAAdAAAAABAY>



1. Готуйтесь, але не вчіть текст напам'ять.

<https://shovelapp.io/wp-content/uploads/2019/04/Student-studying-for-exams.png>



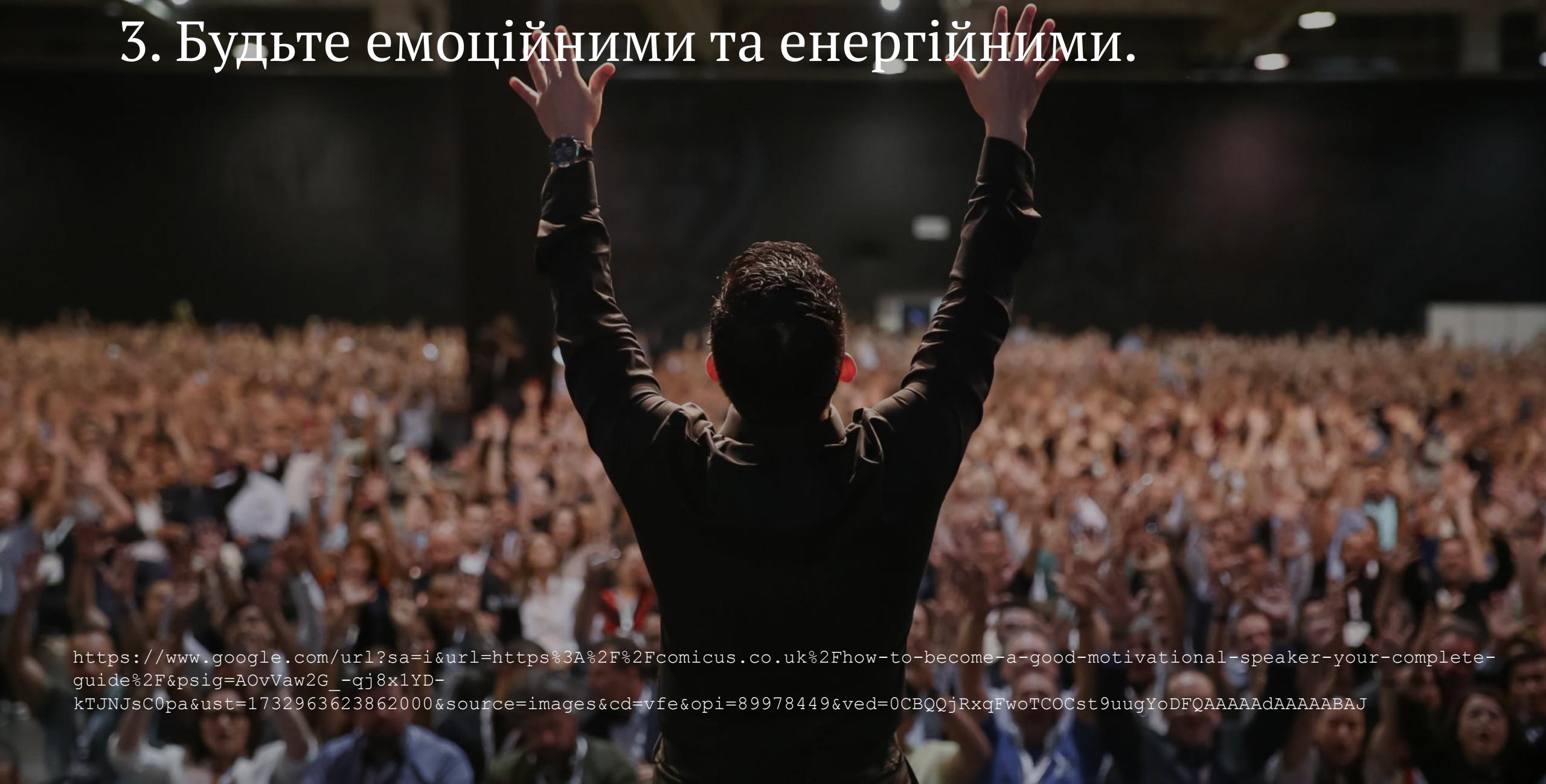


2. Розповідайте історії:

[https://leadx.org/
wp-
content/uploads/20
17/06/Storytelling
.jpg](https://leadx.org/wp-content/uploads/2017/06/Storytelling.jpg)



3. Будьте емоційними та енергійними.



https://www.google.com/url?sa=i&url=https%3A%2F%2Fcomicus.co.uk%2Fhow-to-become-a-good-motivational-speaker-your-complete-guide%2F&psig=AOvVaw2G_-qj8x1YD-kTJNJJsC0pa&ust=1732963623862000&source=images&cd=vfe&opi=89978449&ved=0CBQQjRxqFwoTCOCst9uugYDFQAAAAAdAAAABAJ

4. Починайте з сильного вступу.



<https://i.ytimg.com/vi/i7lDFZobc9Y/maxresdefault.jpg>

5. Практикуйтесь регулярно.

<https://turnerproofreading.com/wp-content/uploads/2021/05/Practice-vs-practise-1024x681.jpg>

